



the new children's museum™

LESSON PLAN: Book Binding

Overview

Learn a simple book-binding technique! This project is great for older kids, but can easily be adjusted for the little ones with a few simple changes to materials.

Younger bookmakers can follow the same steps using less paper, a hole puncher to create holes, and thicker thread or yarn to create their books!

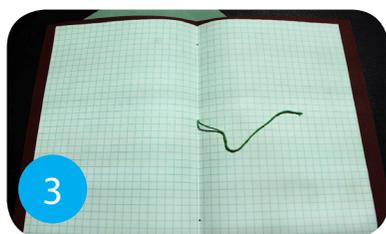


Materials Needed

- o 5-10 sheets of paper – binder, graph, or printer paper would work well!
- o 1 piece of cardstock or other thick paper, the same size as or slightly larger than your other paper
- o Scissors
- o Thread (or yarn for the little ones)
- o Needle
- o Bone folder (optional)
- o Bookbinders awl or drill fitted with a small bit (or hole puncher for the little ones)
- o Pencil
- o Glue
- o Magazines

Steps

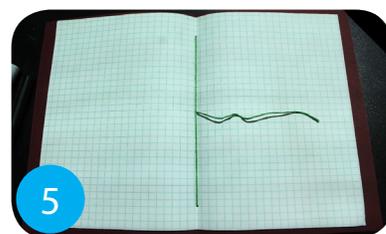
- 1 Prepare your signature (the pages inside a book) and the cover.
 - a. To make a signature, fold 5-10 sheets of paper in half. Measure and mark the placement for three evenly-spaced holes on the inside sheet of the signature.
 - b. Fold cover in half, and place on the outside of your signature.
 - c. Use a bone folder (optional) to create a crisp folded edge
- 2 Punch holes in pre-measured spots using your bookbinders awl, drill, or hole punch.



3 Pull a threaded needle (or yarn) through the middle hole of the signature, leaving a tail of thread a couple inches long inside the signature.



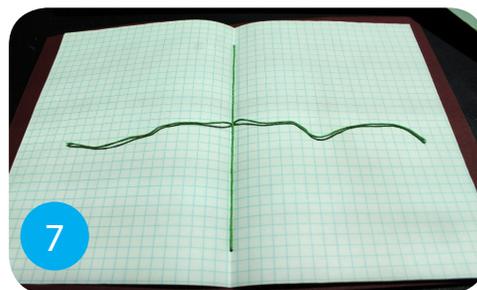
4 Push the thread or yarn through the top hole on the spine of your book.



5 Pull the thread or yarn through the bottom hole on the inside of your book, skipping over the center hole and tail.



6 Pull the thread or yarn through the center hole on the outside of the book.



7 When you pull the thread or yarn into the center of the book again, make sure that the working end is on one side of the long center stitch and the tail is on the other. Remove the needle and pull each string taut to even out the tension of the stitching.



8 Tie a double knot, and trim the long pieces



9 Decorate your book! You can create a collaged cover by gluing images and words from magazines onto the cardstock.